



Assessment Designing Of Development Trends Of Basketball In Rajasthan

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Abstract: The purpose of the study was to assess an analytical survey of establishing basketball professionalism in Rajasthan. The aim was to assess an analytical survey of establishing Basketball professionalism in Rajasthan. It was decided to use self-made questionnaire as the tools with the reflection of how the professional Basketball in Rajasthan was established. It was further concluded that all subject have favoured on professional Basketball in Rajasthan More of the respondents reported that people, are attracted to basketball once again after the introduction of state basketball league in the Rajasthan.

Keywords: *Basketball, State, Professionalism and Players.*

Introduction:

Sports have a very prominent role in modern society. It is important to an individual a group, nation, indeed the world. There are, for example, today more nation compete in the Olympic Games than the member of nations affiliated to the United Nations. Throughout the world sports has a popular appeal among people of all ages and both sexes.

Much of the attraction of sports comes from the wide variety of experiences and feeling that result from participate Joy anguish, success, failure, exhaustion, pain, relief a feeling of belonging and also sports brings money, glow, status, and goodwill. However, sports can also bring tragedy, grief and even death.

Sports competition offer us heroes, heroines and ideal people that we can look up to, achievement that we can marvel at for many youth, the sports stars are better known than the leading politician of a country.

As the amount of leisure time has increased in modern society, time spent on sports has grown, while very few participate at the elite or Olympic level there are many more who participate at the local or community level. For other, involvement in sports is passive one, as spectators coaches, umpires, teacher or sport writers.

Sports have ever reflected development in society sport; indeed have been a mirror of society. Physical fitness refers to the total dynamic physiological state of the individual

ranging on a continuum from optimal human performance to severe debilitation and death. Athletes would be found towards the upper end of the continuum fluctuating up or down depending on their state of training- whilst at the other end conditions of illness could exist while this term may be satisfactory in a descriptive sense, problems arise when attempts are made to define the concept in an operational way, that is, when we try to measure or develop it. The complexity arises because physical fitness is made up of series components, for example speed, agility, strength, endurance, flexibility and co-ordination, each one of which makes some independent contribution to the whole state while some of these component and very little of another.

Those aspects of physical and psychological makeup that afford an individual some protection against coronary heart disease, problems associated with being overweight muscle and joint ligament and the physiological complications of responding to stress.

This aspect of physical fitness concerns the development of qualities necessary to function efficiently and maintain a healthy life style. The components of health related fitness are cardio - respiratory endurance, muscular strength and endurance, flexibility and body composition.

Health-related fitness requires desirable levels of cardio-vascular fitness, percentage body fat, flexibility and endurance. These help to prevent the incidence and severity of degenerative types of disease and increase work efficiency. Cardio-vascular fitness refers to the efficiency of heart and lungs. Muscular strength and endurance is the capacity of the muscles to work against the resistance for longer time. Flexibility is the ability to move a joint freely through its complete range of movement. Percentage of body fat refers to the proportion of an individual's total body fat.

Methodology:

60 subjects were randomly selected from various areas of Rajasthan. Those who are responsible for establishing the professional Basketball in Rajasthan are as follows:-

- Current players
- Ex-players
- Association's office bearer
- Clubs president and secretary
- Sport Journalist.

The questionnaire was framed and constructed the supervision and consultation with the guide and other expert. All most care and seriousness of the purpose was the prime factor. With

relevant aspect needed for the study were thought to get worth- while and meaningful the responses from the subjects. Attempts were made to make the statement clear, relevant, simple and free from ambiguity, the response to the questions were either „Yes“ are „No“ and provision was made on the appropriate statement according to there choice. The questionnaires were distributed personally to 60 subjects among clubs players, President& Secretary of District/ Rajasthan Basketball association, Referees and sport Journalist. And collected the 100% responses were received personally.

Statistical Procedure:

The purpose of the study was to survey of Basketball professionalism in Rajasthan. For this percentile scale was used as an instrument.

Result and Discussion:

Survey establishing Basketball Professionalism in Rajasthan was circulated to 60 Basketball professionals of various level i.e.

- Current player
- Ex Player
- Association’s President and secretary
- Rajasthan Basketball Association committee’s members
- Class I and Class II level Referees.
- Sport journalists.

Table-I

Statement: Do you Favor Professional Basketball Rajasthan.

Type of Response	Frequency of Response	Percentage
Yes	60	100
No	0	0

The above Table-I shows that 100 percent of respondents favored professional Basketball in Rajasthan, while none answered to the negative.

Table-II

Statement: Do you feel that the professional Basketball will help to improve the standard of the Game in Rajasthan.

Type of Response	Frequency of Response	Percentage
Yes	60	100
No	0	0

The above Table-II shows that 100 percent of respondents feel that the professional Basketball will help to improve the standard of the game in Rajasthan whereas, none answered to the negative.

Table-III

Statement: Do you feel that the Introduction of District/State Basketball league is the right step towards right direction for the improvement of the game in Rajasthan.

Type of Response	Frequency of Response	Percentage
Yes	60	100
No	0	0

The above Table-III shows that 100 percent of respondents feel that introduction of District / Sate Basketball league is the right step toward right direction for the improvement of the game in Rajasthan, none answered to the negative.

Table-IV

Statement: Do you feel that the Media Coverage has improved after the Introduction of district/State Basketball league?

Type of Response	Frequency of Response	Percentage
Yes	46	76.67
No	14	23.33

The above Table-IV shows that 76.67 percent of respondents feel that the media coverage has improved after the introduction of District/State Basketball league, while 23.33 percent of respondents feel that the media coverage has not improved after the introduction of District/State Basketball league.

Table-V

Statement: Do you feel that the Players earning has increased since the introduction of the District/State Basketball league

Type of Response	Frequency of Response	Percentage
Yes	30	50
No	30	50

The above Table-V shows that 50 percent of respondents feel that the player's earning has increasing since the introduction of the district/state Basketball league, while 50 percent of

respondents feel that players earning has not increased since the introduction of the District/State Basketball league.

Conclusions:

The finding of the study concluded that 100 percent of the respondents support professional basketball in Rajasthan and it will help to improve the standard of the game. It was further concluded that all subject have favored on professional Basketball in Rajasthan More of the respondents reported that people, are attracted to basketball once again after the introduction of state basketball league in the Rajasthan. This may be due to the fact that with the introduction of the state Basketball league. The clubs and players have become more active.

Recommendations:

In the light of the conclusion draw the following recommendation are made:-

- The Rajasthan Basketball association and the clubs should set up a full professional structure of Basketball to run the professional Basketball in the Rajasthan at the earliest.
- The Basketball calendar of Rajasthan Basketball should be prepared in advance before the beginning of the season and there should not be any change during the season.

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